

RSE Vocabulary at Victoria Community School

(in PSHE and Science)

Vocabulary from previous years may be used in a current year.

Year	Theme	Key concepts	Vocabulary
FS	Me and my Relationships	Friends Families	Friend, like, sharing, caring, listening, understanding, fun, family, different, same, mum, dad, step mum, stepdad, brother, sister, grandparent, auntie, uncle, cousin
1	Happy and Healthy Me	Parts of the body Changes from baby to adult What can we do now and what can we do in the future	Head, neck, shoulders, arms, hands, fingers, legs, feet, toes, face, eyes, nose, mouth, ears, teeth, hair, knee elbow, child, teenager, elderly, change, needs, grow and develop
	Me and My Relationships	Types of families Special people Friends Making choices	Family, relationship, different, similar, respect, care, love, look after, like, trust, share, listen, help, talk, kind, good friend and choice
2	Happy and Healthy Me	Parts of the body Germs and diseases	Nipples, vulva, penis, testicles, vagina, clean, dirty, hygiene, washing, infection, disease, germ, spread, catch, illness, stop, cover, nurse, doctor and pharmacist
	Me and My Relationships	Getting on with others Dealing with conflict Teasing and bullying Changing relationships	Behaviour, affect, others, sharing, taking turns, helping, rules, fair, unfair, right, wrong, kind, unkind, special, change, loss, happy, sad, angry, remember, talk and share
	Me and My Safety	Keeping safe in relation to people Surprises and secrets	Safe, unsafe, comfortable, uncomfortable, acceptable, unacceptable, secret, surprise, tell, no and stop
	Me and Other People	Differences between boys and girls (not physical) Gender stereotypes Stonewall – Same Love Different Families	Boy, girl, male, female, family, same, different and similar
	Science	Animals, including humans	Offspring, reproduce, grow
3	Me and My Relationships	Differences between boys and girls (physical, emotional and social) Families Choices Friendships Arguments Choices and influences	Knee, elbow, shoulder, wrist, ankle, stomach, heart, lungs, brain, tongue penis, testicles, breasts, vulva, vagina, womb (uterus), male, female, boy, girl, hair growth, changes, physical, emotional, social, teenager, family, parent, carer, partner, mum, dad, grandparents, step mum and stepdad
	Me and My Safety	Physical contact – acceptable and not acceptable Dealing with physical contact NSPCC PANTS resource	Acceptable, unacceptable, depends, worried, hurt, upset, tell, good secret, bad secret, surprise, medicines, drugs

Year	Theme	Key concepts	Vocabulary
3	Science	Plants	Male, female, stamen, anther, filament, stigma, style, ovary, ovule, seed, pollination, germination, fertilisation
4	Happy and Healthy Me	Illness Spread of disease Types of medicines	Bacteria, virus, germs ill, unwell, spread stop and hygiene, drugs, medicine, smoking, antibiotics, addiction
	Me and My Relationships	Life cycles in animals Changes experienced Introduction to puberty Feelings and emotions Good and bad touches Private parts Scenarios around physical contact Bad secrets Loss Violence in relationships	Life cycle, grow, change, mature, develop puberty, body processes, inevitable, grow, bigger, taller, heavier, stronger, change, developing, feelings, emotions, moods, relationships, safe, unsafe, comfortable, uncomfortable, private, acceptable, unacceptable feelings, lost, separated, died, relief, regret, remember, support, share, violence, enemy, responsibility, FGM
	Me and My Safety	Hazards online including relationships online	Online, passwords, personal information, secret
5	Me and My Relationships	Changes in boys and girls Menstruation/Periods Realities and myths about periods Provision in school for periods Gender stereotypes Hygiene Relationships Love What makes a good partner? Unhealthy relationships Pressure	Puberty, menstruation (period), ovary, ovum, fallopian tubes, womb, vagina, labia, vulva, clitoris, breasts, monthly, sanitary towels, tampons, stereotype, gender, individuals, expectations, discrimination, change, personal hygiene, hormones, bacteria, sweat, perspire, greasy, odour, toiletries, wet dreams, relationships, love, partner, marry, marriage, secret, risk and responsibility, FGM
	Science	Animals, including humans	Gestation, development, toddler, child, teenager, adult
	Science	Living things and their habitats	Sexual, a-sexual
6	Me and My Relationships	Concerns and worries	Puberty and feelings
	Happy and Healthy Me	Internal sexual organs Menstruation Conception Gender stereotypes	Puberty, emotional, physical, social, compromise, negotiate, reproductive organs, cervix, bladder, penis, vagina, scrotum, sperm, egg, sexual intercourse, womb (uterus), hips, testicles, baby, periods, breasts, ovaries, embryo, zygote, foetus, baby, pregnancy, contractions, birth, fertilise, in vitro fertilisation, loving relationship, FGM
	Science	Evolution	Offspring