

Samuel Allsopp School –Autumn 1 Menu 2024

		Week 1 Week starting:02/09/24, 23/09/24, 14/10/24	Week 2 Week starting: 09/09/24/, 30/09/24, 21/10/24	Week 3 Week starting: 16/09/24/, 07/10/24
MONDAY		Cheese & Herb Pizza, Diced Potatoes, Baked Beans & Vegetables Samosa with Diced Potatoes, Beans or Vegetables Lite Lunch: Spicy Pasta Bake with Garlic Bread	Cheese & Herb Pizza with Wedges, Beans or Veg Vegan Rolls with Wedges, Beans or Vegetables Lite Lunch: Jacket Potato with Beans or Tuna	Cheese & Herb Pizza, Potato Croquettes, Beans or Vegetables Creamy Vegetable Pasta & Vegetables Lite Lunch: Jacket Potato with Curry or Beans
		Dessert: Chocolate Brownie	Dessert: Cornflake Cake	Dessert: Rocky Road
TUESDAY		Chicken Burger in a bun, Potato Balls, Beans or Veg Quorn Ball pasta with Vegetables & Garlic Bread Lite lunch: Jacket Potato with Tuna or Beans	Fish cake, Mash Potatoes, Beans or Vegetables Cheese and Potato Pie with Beans or Vegetables Lite Lunch: Broccoli & Sweetcorn Pasta with Vegetables	Chicken Tikka Masala with Rice & Vegetables Quorn Burger Pattie with Mash, Beans or Vegetables Lite Lunch: Mac 'n' Cheese with Garlic Bread & Vegetables
		Dessert: Chocolate Swirl	Dessert: Cook's Shortbread	Dessert: Oatie Biscuit
WEDNESDAY		Roast Chicken Dinner with Mash Potato, Veg & Yorkshire Pudding Quorn Roast Lite Lunch: Cheese & Beans on Toast with a side of Potato Hash	Roast Chicken Dinner with New Potato's & Vegetable, Yorkshire Pudding or Stuffing Quorn Roast Lite Lunch: Tomato & Basil Pasta with Vegetables	Roast Chicken Dinner with Roast Potatoes, Vegetables & Yorkshire Puddings Quorn Roast Lite Lunch: Jacket Potato with Tuna & Sweetcorn or Beans
		Dessert: Mousse	Dessert: Mousse	Dessert: Mousse
THURSDAY		Spaghetti Bolognese with Garlic Bread & Vegetables Vegetable Quiche with New Potatoes & Vegetables Lite Lunch: Jacket Potato with Cheese & Beans or Vegetables	Sweet & Sour Chicken with a side of Side of Rice & Summer Vegetables Cheese & Onion Roll with Diced Potato, Beans or Veg Lite Lunch: Jacket Potato with Quorn Mince or Veg	Hot Dog with Curly Fries, Beans or Vegetables BBQ Quorn Topped Fillet with Curly Fries & Side of Veg Lite Lunch: Cheese and Potato Pinwheels with Rice Salad & Coleslaw
		Desserts: Chocolate Muffin	Dessert: Doughnuts	Dessert: Summer Tray Bake
FRIDAY		Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Beans on Toast	Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Cheese Toastie	Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Cheese & Bean Wrap
		Desserts: Ice cream	Dessert: Ice Cream	Desserts: Ice Cream

Salad and Bread Basket Available Daily