

# SUMMER MENU

Week 1: 28th April, 19th May, 9th June, 30th June



**Samuel Allsopp**  
Primary & Nursery School

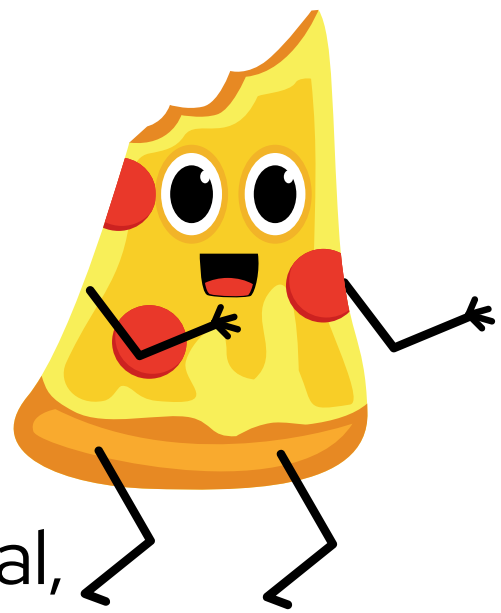
MON

H - Cottage Pie with Vegetables

V - Herby Cheese Pizza with Diced Potatoes and Vegetables

LL - Jacket Potato and Filling

Homemade Biscuit



TUES

H - Meatball Bolognese with Pasta

V - Vegetarian Sausage Roll with Mash and Beans

LL - Mac and Cheese with Crusty Bread

Pineapple Upside Down & Custard

WED

H - Chicken Sausage with Mashed Potatoes, Vegetables or Baked Beans

V - Tomato and Basil Pasta Bake with Bread

LL - Cheese and Bean Wrap with Salad

Muffin Cupcakes



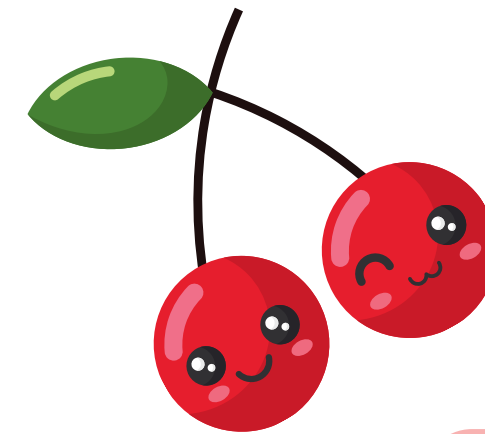
THUR

H - Chicken Korma, 50/50 Rice and Naan

V - Quorn Fajita Wrap with Rice

LL - Jacket Potato and Filling

Pancakes with Berries



FRI

V - Crispy Fish Fingers with Chips & Peas, Baked Beans or Curry Sauce

V - Quorn Nuggets with Chips & Peas, Baked Beans or Curry Sauce

LL - Chip Bap with Curry Sauce or Baked Beans

Ice Cream



**Key:** H - Halal,  
V - Vegetarian,  
LL - Light Lunch

# SUMMER MENU

Week 2: 5th May, 26th May, 16th June, 7th July



**Samuel Allsopp**  
Primary & Nursery School

MON

H - Beef Pasta Bake  
with Rustic Bread  
and Salad

V - Quorn Nuggets  
with Mashed Potato  
and Baked Beans

LL - Jacket  
Potato and Filling

Homemade Biscuit



TUES

H - Farmhouse  
Breakfast with  
Chicken Sausage

V - Vegetarian  
Breakfast with Hash  
Browns, Baked Beans  
or 1/2 Grilled Tomato

LL - Cheesy Beans  
on Toast

Cornflake Cake

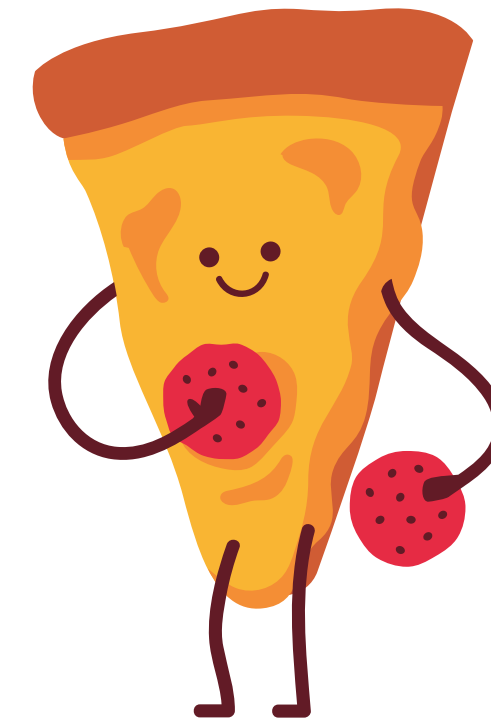
WED

H - Roast Chicken  
Dinner with Mashed  
Potato and Fresh  
Vegetables

V - Quorn Fillet with  
Mashed Potatoes  
and Fresh  
Vegetables

LL - Cauliflower &  
Broccoli Bake with  
Rustic Bread

Apple Crumble and  
Custard



THUR

H - Shawarma  
Chicken with Rice

V - Red Lentil Chilli  
with Rice

LL - Cheese and  
Potato Pie with Baked  
Beans

Banana Toffee Waffles

FRI

Crispy Fish Fingers  
with Potato Wedges,  
Peas, Baked Beans

V - Cheese and  
Tomato Pizza with  
Potato Wedges,  
Baked Beans or Peas

LL - Jacket  
Potato and Filling

Ice Cream



**Key:** H - Halal,  
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# SUMMER MENU

Week 3: 12th May, 2nd June, 23rd June, 14th July



**Samuel Allsopp**  
Primary & Nursery School

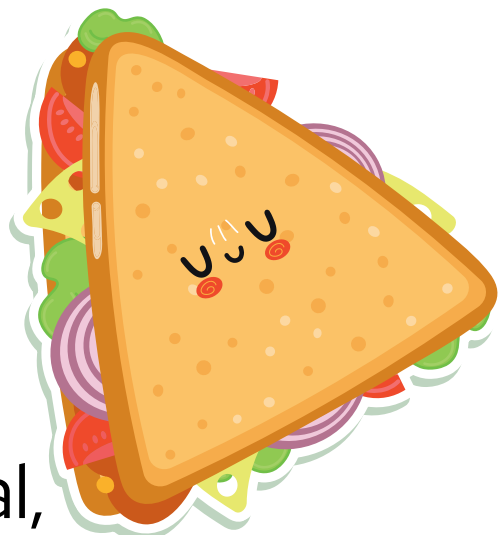
MON

H - Keema Curry with  
Rice & Naan Bread

V - Quorn in a  
Tomato and Garlic  
Sauce with Pasta &  
Rustic Bread

LL - Jacket  
Potato and Filling  
or Sandwich

Homemade Biscuit



TUES

H - Beef Burger in a  
Bun with Crispy  
Potatoes, Baked  
Beans or Sweetcorn

V - Cheese and  
Tomato Pizza with  
Crispy Potatoes, Baked  
Beans or Sweetcorn

LL - Cheese  
Toasties with Salad  
or Baked Beans

Banana Cake and  
Custard



WED

H - Sweet and Sour  
Chicken with Rice  
and Salad

V - Macaroni  
Cheese with Garlic  
Bread & Salad

LL - Cheese  
Pinwheels with Baked  
Beans & Salad

Doughnuts



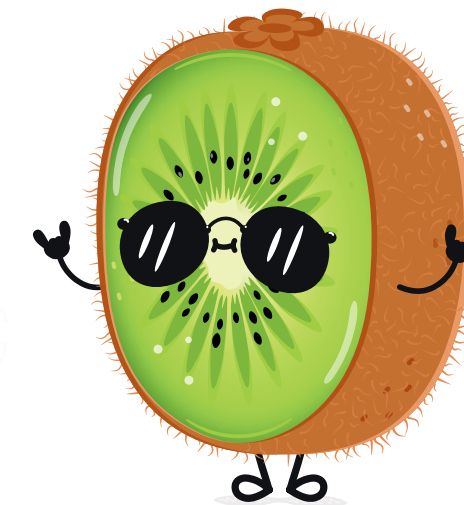
THUR

H - Jerk Chicken  
with Rice and Peas

V - Quorn Nuggets  
with Mashed Potato  
and Baked Beans

LL - Jacket Potato  
and Filling

Mousse



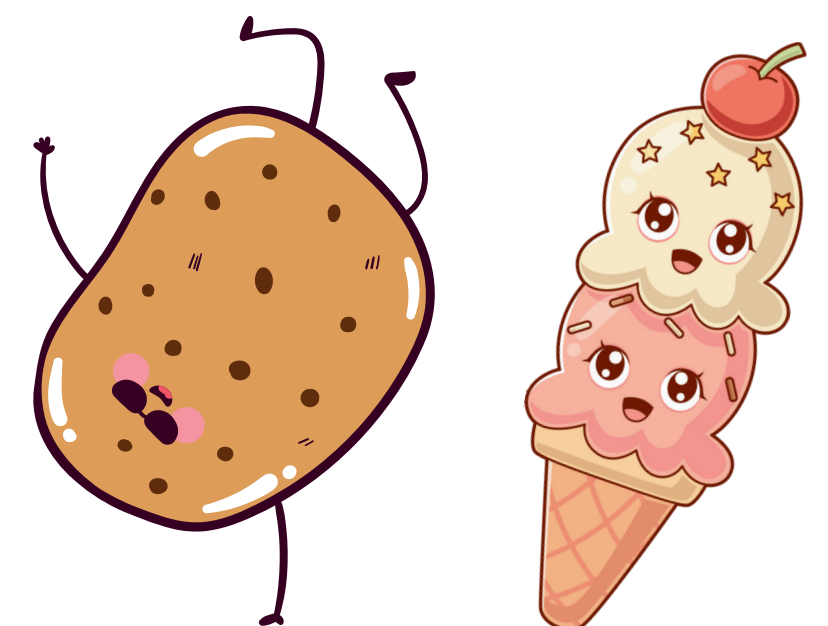
FRI

V - Fish Stars with  
Chips & Peas,  
Baked Beans

V - Vegetable  
Fingers with Chips &  
Peas or Baked Beans

LL - Salmon  
Sandwich

Ice Cream & Fruit Salad



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