



**Samuel Allsopp**  
Primary & Nursery School

**Head Teacher:** Mr Lee Smith

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3<sup>rd</sup> September 2025

Dear Parents/Carers,

**SWIMMING SESSIONS YEAR 3/4 CHURCHILL**

We are pleased to let you know that swimming sessions have been arranged for Thursday afternoons starting **Thursday 18<sup>th</sup> September 2025**. Please be aware this is part of the national curriculum, not an optional activity.

Swimming sessions will be taking place at Meadowside Leisure Centre in Burton on Trent. School staff have visited Meadowside Leisure Centre and are reassured by the safety measures in place at the pool. Rest assured girls and boys will be changing in separate areas of the changing room.

Transport is provided, during which children **must** remain seated and seat belts worn at all times.

Please note, food should not be taken to swimming sessions. Deodorants, perfumes and sprays **are not** to be taken as they can affect other children.

Boys are asked to wear their swimming trunks to school on the day of swimming and bring underwear to change into after the lesson. Girls will be able to change before leaving school for the pool.

Please help us by sending your child with their swimming equipment every week; attached are guidelines of what equipment is needed for swimming.

Please ensure you have submitted your contributions and your parental consent via:

[ParentPay - Leading Cashless Payment System for Schools](#) no later than **Monday 8<sup>th</sup> September 2025**.

If you require help in setting up your ParentPay account please contact the School Office on 01283 247420.

Yours sincerely

Mr L Smith  
Head Teacher

## Swimming Equipment Guidelines.

Please note that whilst swimming the following equipment:

### Girls

- ✓ A tight-fitting swimming costume.
- ✓ Swimming hat - **must** be worn by any pupil with **long hair**.
- ✓ A towel
- ✓ Goggles - (optional)
- ✗ Jewellery should be left at home.
- ✗ Deodorants, perfumes and sprays **ARE NOT** to be taken as they can affect other children.
- ✗ **NO** food.



### Boys

- ✓ Lycra Swimming trunks – (note *BAGGY SHORTS* are **NOT** suitable).
- ✓ Swimming hat - **must** be worn by any pupil with **long hair**
- ✓ A towel
- ✓ Goggles - (optional)
- ✗ Jewellery should be left at home.
- ✗ Deodorants, perfumes and sprays **ARE NOT** to be taken as they can affect other children.
- ✗ **NO** food



**Swimming**

## Timetable

Mrs Turner – Y3/Y4 Churchill	
Autumn Term 1	Autumn Term 2
18th September 2025	13th November 2025
25th September 2025	20th November 2025
2nd October 2025	27th November 2025
9th October 2025	4th December 2025
16th October 2025	11th December 2025

**Please note: Half Term week commencing 27<sup>th</sup> October 2025 – no swimming this week.**